

Tobacco Free Youth Campaign 3.0

Tobacco Free Youth Campaign 3.0 was successfully conducted at Matoshri Ayurveda College, Dhanore, Yeola, Nashik with the objective of creating awareness among students about the harmful effects of tobacco and promoting a healthy, addiction-free lifestyle.

The program included an awareness lecture, oath-taking ceremony, and student participation activities. Faculty members explained the ill effects of tobacco consumption on physical and mental health, especially among youth. Students actively participated and pledged to refrain from tobacco use and to spread the message of a tobacco-free society.

The campaign concluded with a strong message of “Healthy Youth – Tobacco Free Nation.”